

Age groups for the DACHSTEINLAUF 2025

Age groups 10km & 40km

| Klasse | JG von | JG bis | 10km | 42km |
|-----------------------------|--------|--------|------|------|
| AK I Damen | 1985 | 1994 | X | X |
| AK I Herren | 1985 | 1994 | X | X |
| AK II Damen | 1975 | 1984 | X | X |
| AK II Herren | 1975 | 1984 | X | X |
| AK III Damen | 1965 | 1974 | X | |
| AK III Herren | 1965 | 1974 | X | |
| AK IIIa Damen | 1969 | 1973 | X | X |
| AK IIIa Herren | 1970 | 1974 | X | X |
| AK IIIb Damen | 1965 | 1969 | | X |
| AK IIIb Herren | 1965 | 1969 | | X |
| AK IV Damen | 1955 | 1964 | X | |
| AK IV Herren | 1955 | 1964 | X | |
| AK IVa Damen | 1960 | 1964 | | X |
| AK IVa Herren | 1960 | 1964 | | X |
| AK IVb Damen | 1955 | 1959 | | X |
| AK IVb Herren | 1955 | 1959 | | X |
| AK V Damen | 1945 | 1954 | X | |
| AK V Herren | 1945 | 1954 | X | |
| AK Va Damen | 1950 | 1954 | | X |
| AK Va Herren | 1950 | 1954 | | X |
| AK Vb Damen | 1945 | 1949 | | X |
| AK Vb Herren | 1945 | 1949 | | X |
| AK VI Damen | | 1945 | X | X |
| AK VI Herren | | 1945 | X | X |
| | | | | |
| Allgemeine Klasse w. und m. | 1995 | 2004 | X | X |
| | | | | |
| Junioren weiblich | 2005 | 2009 | X | X |
| Junioren männlich | 2005 | 2009 | X | X |

Age group „Kids race“

| Klasse | JG von | JG bis | 200m | 400m | 1km | 2km | 3km |
|------------|--------|--------|------|------|-----|-----|-----|
| Zwergel I | 2019 | jünger | X | | | | |
| Zwergel II | 2018 | 2018 | | X | | | |
| | | | | | | | |
| Kinder I | 2016 | 2017 | | | X | | |
| Kinder II | 2014 | 2015 | | | | X | |
| | | | | | | | |
| Schüler I | 2012 | 2013 | | | | | X |